

# Manipur tourism conferred best cultural performance award at Travel & tourism Fair (TTF), Ahmedabad

IT News  
Ahmedabad, Sept 3

Manipur Tourism conducted a roadshow and organized the curtain-raiser for the 2019 edition of the Shirui Lily Festival and the Manipur Sangai Festival at the Travel & Tourism Fair (TTF) held at Gujarat University, Ahmedabad from 30<sup>th</sup> August to 1<sup>st</sup> September, 2019.

A team led by Dr. Yumnam Suraj Singh, Deputy Director, Department of Tourism along with Dimity Laishram and Bidyananda Hanjabam represented Manipur Tourism at the event. The team interacted with over 2,000 visitors which included tour operators, potential investors, MICE providers and potential travelers at the event. The event highlighted the varied attractions of the two festivals to visitors at the fair and gave them an opportunity to have a glimpse of the rich cultural heritage of Manipur. The team was conferred the TTF Excellence Award for Best Cultural Performance on the final day of the event.

A variety of performances like the famed Raas Leela, Khamba Thoibi, Lai Haraoba and the Kabui Naga dances formed part of the showcase of Manipur's rich cultural heritage at the event. As part of the roadshow, artists adorned in Radha & Lord Krishna's attires distributed promotional materials and information on Manipur Sangai Festival and Shirui Lily



Festival 2019 to visitors and stakeholders present at the event. Visitors thronged in for selfies and group photographs along with the artistes and it was a major crowd puller at the venue. The event generated queries from over 1000 tour operators and agents from across the country and facilitated connection with several stakeholders of the tourism industry in Gujarat as well as from other parts of India. Commenting on the event, Dr. Yumnam Suraj Singh, Deputy Director, Department of Tourism said, "The visitor arrivals to the state during our Shirui Lily Festival and Manipur Sangai Festival exceeded our expectations last year. We are targeting Ahmedabad as part of our promotional campaign for these two festivals for the first time. It is quite encouraging to see the number of queries we

have received during this event and we wish to convert these numbers into visit figures to our jeweled land. We invite travelers from this part of the country to come to Manipur and enjoy our varied attractions during our festivals." Manipur receives the maximum number of visitors during the Shirui Lily Festival and the Manipur Sangai Festival every year. The curtain raiser for these two festivals is organised in Ahmedabad to create awareness amongst potential visitors about the state's offerings as a tourist destination. The domestic tourist inflow was 1,16,652 in 2010-11, and in 2017-18 this figure increased to 1,64,483. Similarly, the foreign tourist inflow increased manifold from 431 in 2010-11 to 3,787 in 2017-18. In 2018-19 Manipur

## \* Organises Curtain Raiser for the Shirui Lily Festival and the Manipur Sangai Festival 2019

recorded 1,66,032 domestic tourist arrivals and 9,794 Foreign Tourist Arrivals.

## Donation To Chief Minister's Relief Fund

IT News  
Imphal, Sept. 2,

The Imphal Municipal Employees Union donated Rs. 1,00,000 to the Chief Minister's Relief Fund (CMRF).

The amount was handed over by the representatives of the Union to Chief Minister N. Biren Singh at Chief Minister's Secretariat yesterday.

The Chief Minister expressed his profound gratitude to the Imphal Municipal Employees Union for their generosity.

## News from the world of Medicine

# FSU researcher examines how berry polyphenols could help fight plaque buildup in arteries

Courtesy: News Medicine life Sciences  
By- James Ives, M.Psych. (Editor)

A Florida State University researcher is examining how the polyphenol compounds found in blackberries could be used to help fight the buildup of artery plaque. Gloria Salazar, associate professor of nutrition, has received \$805,409 from the James and Esther King Biomedical Research Program at the Florida Department of Health to look at the protective effects of polyphenols, bioactive compounds known for their strong antioxidant and anti-inflammatory effects that are found in many fruits and vegetables.

Studies have shown that people who eat diets rich in

fruits and vegetable are less likely to have cardiovascular disease, which is largely attributed to the polyphenol content of these foods. However, it is unknown whether this diet could reduce vascular aging, a cellular process -; often brought on by smoking -; that in the long term leads to atherosclerosis. Atherosclerosis is the buildup of plaque in the walls of arteries obstructing the flow of blood.

Salazar has already conducted preliminary studies in mice showing that a diet supplemented with blackberries reduces atherosclerosis. These preliminary results have shown the potential impact of this work, but researchers still have many more questions about how polyphenols

could be used to promote cardiovascular health.

Cardiovascular disease is the leading cause of death in the United States and worldwide. A 2015 American Heart Association report found that lifestyle behaviors, like smoking, lack of exercise and poor diet are major contributing factors of death and disability due to cardiovascular disease.

"We are excited about the idea that perhaps concentrated extracts of these berries will work as a therapeutic intervention for people with smoke-related diseases," Salazar said. "Our idea is to use nutrition as a long-term preventive measure against chronic diseases. Can we harness diet and medicine together for better outcomes?"

## Science and Tecnology

# Nasa's planet hunting mission finds three new 'worlds'

Courtesy Down earth

Transiting Exoplanet Survey Satellite (TESS), Nasa's new planet hunter discovered three new exoplanets. These are outside the solar system.

They orbit a star called TOI 270, only 73 light-years away. The TOI system includes a small, rocky super-Earth and two sub-Neptunes, which may be a missing link in planetary formation, say astronomers. Unlike our solar system, where each planet is different in terms of size, the size of exoplanets is very similar.

TOI-270 is an M-dwarf, a type of star that is normally

extremely active, with frequent flares and solar storms. But, in this system it appears to be an older M-dwarf that has since quieted down, giving off a steady brightness.

These unique characters help scientists measure properties of orbiting planets like mass and atmospheric composition. The MIT-developed satellite analyses sky patches for 27 days at a time, monitoring thousands of stars for possible movement.

Any peculiar dip in brightness could be planet temporarily blocking the star's light. The team isolated several such signals from a nearby star

and confirmed that the signals were the result of three orbiting exoplanets. One planet initially showed a habitable zone that could support water, but TESS scientists later confirmed the planet's atmosphere is thick and will generate greenhouse gases that will increase temperatures, making it uninhabitable.

The team hopes research will reveal more planets, one of which may have the ability to form water and be habitable. The researchers plan to focus on other instruments, including the upcoming James Webb Space Telescope, on TOI-270, to understand various properties of the three planets.

## Friendship Sporting Club, Kakchhin, is organising 5<sup>th</sup> Children's Personality Development Function

IT News  
Imphal, Sept. 3

Friendship Sporting Club, Phousapat Leikai, Kakching, is organising its 5<sup>th</sup> Children's Personality Development Function, 2019, on Sunday,

September 8, 2019, stated its press release signed by N. Raju Singh, Secretary, Friendship Sporting Club, Kakching, Manipur. The statement also said that the function is organised every 2 months in order to develop the personality

of the kids for their own well-being. It further informs parents of class I to class VII, who wish to participate in the function, in the area under Friendship Sporting Club to enroll their children before September 7, 2019.

## Poshan Maah launched at Thoubal

IT News  
Imphal, Sept 2,

As its ongoing campaign to keep the women and children healthy, District Administration Thoubal launches "Poshan Maah" campaign (National Nutrition Months) today at DC Conference hall by Deputy Commissioner, Thoubal District, N. Bandana. A rally

was also organised at the surrounding of DC Thoubal Complex to make understand the people about the campaign. The campaign was attended by ADM Thoubal, L. Radhakanta, CDPO, Thoubal, T. Anita, CMO, Thoubal, Dr. N. Jayentakumar, ASHA, Angalwadi workers and District Level Officers. DC Thoubal, N. Bandana said that women and children

should aware of the seasonal illness that cause by the food. She continued that to keep the women and children healthy a good food that gives nutrients should be eat. She further said that ASHA workers and Angalwadi workers also have the responsibility to keep them healthy. She appealed the people to take part on the campaign. The campaign will go on for a month. She added,

## Assam Rifles Recovers Contraband Drugs

IT news  
Imphal, September 3,

Assam Rifles recovered brown sugar worth approximately Rs 12.34 crores from Chelep and Moreh of Tengenpouli district on 28 August and 30 August 2019 in two separate incidents. On 28 August 2019, based on specific input regarding smuggling of drugs and contraband items, a unit of Assam Rifles laid an ambush on Laibi - Chelep road. On detecting move of two suspicious individuals, the team challenged them, a thorough check of the individual's bag, 300 packets of suspected brown



sugar weighing approximately 12 grams each, with a total weight of 3.6 Kg and costing approximately Rs 7.20 crores were recovered. In another incident, Assam Rifles seized huge quantity of Brown Sugar near New KLP, Moreh. 198 soap cases containing Brown Sugar neatly packed inside the body of the vehicle were recovered from the possession

of Lunghungam Haokip, 38 years son of Hunkholun Haokip, resident of Kholep village, Motbung in Kangpokpi district. The seized contraband drug weighed approximately 1.7 Kg with packaging and amounted to approximately 5.14 crores. The individual along with the contraband drug was handed over to the concerned authority.

## Joint Team Recovers huge cache of weapons and ammunition



IT News  
Imphal, September 3,

In a major breakthrough, Assam Rifles in a joint operation with Manipur Police recovered huge cache of arms and ammunitions on 31 August 2019 at Imphal.

Based on specific inputs, a detailed search of the specified area was carried out by the joint team along with Explosive Detector (ED) Dog and metal detectors along a track going up a hill feature dominating the

Sandangsenba village. Upon detailed search of the area, the ED dog indicated a suspicious spot which was dug up. This revealed a blue coloured plastic sheet which contained two AK-56 Rifles along with two magazines, 10 rounds of AK, two 9 mm Pistols and one M-20 Pistol along with three magazines wrapped inside. The operation is being seen as a major success by the joint team and has yet again reinforced the commitment of the security forces in Manipur.

## Contd. from page 2 Big Bang Edge Test .....

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**How to Register for the Test?**  
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For further details, visit [www.bigbangedge.com](http://www.bigbangedge.com) or nearest FIITJEE Centre. Schools can encourage their Students to appear in Big Bang Edge Test. Every School Principal has the exclusive privilege to recommend a maximum of 21 Students (3 Students each from Class V, VI, VII, VIII, IX, X & XI) and Test registration fee will be waived off for these recommended Students. Schools & Students can download the recommendation form for Big Bang Edge Test from [www.bigbangedge.com](http://www.bigbangedge.com)

## Registration Certificate Lost

I, the undersigned, Stefan Konthoujam, of Changangei Uchekon Awang Leikai, Imphal West, Manipur-795001 have lost my Registration Certificate No. 121639 of 2016-17 issued by the Assam Higher Secondary Education Council, Guwahati on the way between my home and Keishampat on June 25, 2019.

Finders are requested to hand over it to the undersigned.

Sd/-  
Stefan Konthoujam  
Changangei Uchekon Awang Leikai, Imphal West, Manipur-795001